

# KYRIE BLANEY

## Background Information

Kyrie is a Sexual assault survivor and advocate, entrepreneur, podcaster, author, mental health advocate, and confidence guru.

Kyrie is focused on leading women to live confidently, by working through mental health struggles and trauma to create impactful, aligned and joyful lives.

She examines everything from sexual assault and trauma, motherhood, entrepreneurship, mental health, family relationships, and mindset.

*The Confident*  
**MOMPRENEUR**



## Topics Kyrie Can Speak On

- Sexual Assault Awareness and Advocacy
- Mental Health and Suicide Awareness
- Healing Mind, Body and Soul after Trauma
- Mindset Barriers to Success
- Mompreneurship
- Creating an Intentional Life

Spotify and Apple Podcasts:  
The Confident Mompreneur

[www.theconfidentmompreneur.com](http://www.theconfidentmompreneur.com)

[www.theconfidentpost](http://www.theconfidentpost)

Social: @theconfidentmompreneur

Kyrie Blaney is an entrepreneur, mother, PTSD and mental health survivor, and partner. In March 2022, she endured a brutal and traumatic sexual and physical assault. While navigating the court process, Kyrie faced significant mental health struggles, including a suicide attempt in June 2022. Despite these challenges, she rebuilt her life and emerged as a renowned speaker on women's issues, entrepreneurship, mental health, and sexual assault. Kyrie hosts women's retreats focused on healing the mind, body, and soul. Additionally, she is writing her third book, which delves into the court and healing process for sexual assault survivors.

Join Kyrie on her mission to empower and support women by attending one of her transformative retreats or engaging with her insightful and inspiring work. Together, we can foster a community of healing and strength.



## **Find Kyrie as a Guest on these Podcasts:**

- THE CONFIDENT MOMPREENEUR
- Ramble with Rianne
- InspiHER'd
- Get Real, Get Loud, With Purpose
- Growing Pains
- Radio Day Break Utah
- Revitalized Womanhood
- A is for Adversity